

# 18<sup>th</sup> Edition Internal Medicine Core

# **Endocrinology:**

# Page 1-6, Anterior Pituitary Gland > Pituitary Tumors > Other Pituitary Tumors

Text currently reads:	Text should read:
Recall that they are the most common type	Recall that they are the most common type
of <b>no functioning</b> adenomas, usually	of nonfunctioning adenomas, usually
macroadenomas. Gonadotroph tumors can	macroadenomas. Gonadotroph tumors can
present variably:	present variably:

# Page 1-37, Diabetes Mellitus > Treatment of T2DM > Dipeptidyl-Peptidase 4 Inhibitors (DPP4Is)

Text currently reads:	Text should read:		
Like <b>GLP-1</b> antagonists, DPP4Is are reserved for	Like GLP-1 agonists, DPP4Is are reserved for		
patients who are intolerant or cannot take	patients who are intolerant or cannot take		
metformin, sulfonylureas, or TZDs.	metformin, sulfonylureas, or TZDs.		

### Page 1-47, Hypercalcemia of Malignancy

Text currently reads:	Text should read:
The elevated Ca <sup>2+</sup> inhibits production of PTH	The elevated Ca <sup>2+</sup> inhibits production of PTH
by the parathyroid glands, so PTH levels are.	by the parathyroid glands, so PTH levels are
	suppressed.

#### **Dermatology:**

# Page 3-16, Skin Infections > Bacterial Skin and Soft Tissue Infections > Folliculitis

Text currently reads:	Text should read:
Folliculitis (inflammation of follicles) and	Folliculitis (inflammation of follicles) and
furuncles (deep folliculitis or "boils") are typically	furuncles (deep folliculitis or "boils") are typically
caused by S. aureus. Treatment includes oral or	caused by S. aureus. Treatment includes oral or
parenteral antibodies and moist heat; consider	parenteral antibiotics and moist heat; consider
surgical drainage of fluctuant lesions.	surgical drainage of fluctuant lesions.

# Page 3-29, Pigment Changes > Hyperpigmentation

Text currently reads:	Text should read:
Diffuse hyperpigmentation may occur in	Diffuse hyperpigmentation may occur in
primary biliary sclerosis, scleroderma, Addison	primary biliary cirrhosis, scleroderma, Addison
disease, and hemochromatosis (patients have	disease, and hemochromatosis (patients have
a grayish/bronze coloration) and with the use of	a grayish/bronze coloration) and with the use of
the cancer drug busulfan.	the cancer drug busulfan.



#### **Infectious Disease:**

#### Page 4-12, Gastrointestinal Infections > Diarrhea Due To Clostridium Difficile > Treatment

Text currently reads:	Text should read:
Treat nonsevere disease (WBC count	Treat nonsevere disease (WBC count
< 15,000 cells/ μL [15 × 109/L] <b>or</b> a serum	< 15,000 cells/ μL [15 × 109/L] and a serum
creatine < 1.5 mg/dL [132.6 µmol/L]) with	creatine < 1.5 mg/dL [132.6 μmol/L]) with
PO vancomycin (VANC) or PO fidaxomicin (FDX).	PO vancomycin (VANC) or PO fidaxomicin (FDX).

#### Page 4-13, Liver and Biliary Infections > Peritonitis

Text currently reads:	Text should read:
It is critical to differentiate SBP from secondary	It is critical to differentiate SBP from secondary
bacterial peritonitis because:	bacterial peritonitis because:
<ul> <li>mortality is ~ 80% for patients with SBP who</li> </ul>	• mortality is ~ 80% for patients with SBP who
undergo an exploratory laparotomy, and	undergo an exploratory laparotomy, and
<ul> <li>mortality is ~ 100% for patients with SBP who</li> </ul>	• mortality is ~ 100% for patients with secondary
do not go to surgery!	bacterial peritonitis who do not go to surgery!

# Page 4-63, Viruses > Varicella-Zoster Virus > Herpes Zoster (Shingles) > Vaccination for Herpes Zoster

Text currently reads:	Text should read:
The most recent zoster vaccine, called Shingrix,	The most recent zoster vaccine, called
was approved by the FDA in October 2017.	recombinant zoster vaccine (RZV; Shingrix),
	was approved by the FDA in October 2017.
In those 50–69 years of age, Shingrix has an	
effectiveness of 97% and 91% in preventing	In those 50–69 years of age, recombinant zoster
herpes zoster and PNH, respectively.	vaccine (RZV; Shingrix) has an effectiveness of
	97% and 91% in preventing herpes zoster and
	PNH, respectively.

# Page 4-71, Bacterial Agents > Beta-Lactam Antibiotics > Cephalosporins > 3<sup>rd</sup> Generation Cephalosporins

Text currently reads:	Text should read:		
Cefpodoxime is the only oral 3 <sup>rd</sup> generation	Cefdinir (Omnicef), cefditoren (Spectracef),		
cephalosporin.	cefixime (Suprax), cefpodoxime-proxetil		
	(Vantin), and ceftibuten (Cedax) are		
	3 <sup>rd</sup> generation cephalosporins.		

#### **Geriatric Medicine:**

#### Page 5-7, Hip Fracture

Heading currently reads:	Heading should read:	
Hip Facture	Hip Fracture	



# **Pulmonary Medicine:**

Page 6-3, Pulmonary Hypertension > Pulmonary Function Tests > Lung Volumes, Table 6-2 Text currently reads:

Table 6-2: Typical PFTs						
	VC TLC FEV <sub>1</sub> FEV <sub>1</sub> /FVC RV DLCO					
Restrictive		1 ( < 90%)	↓ or	NII		
Intrathoracic	<b>V</b>	<b>↓</b> (< 80%)	normal	NI	<b>&gt;</b>	<b>V</b>
Restrictive		1 ( < 90%)	↓ or	NII		NII
Extrathoracic	<b>↓</b>	↓ (< 80%)	normal	NI	_ ✓	NI
Obstructive	<b>1</b>	NI to ↑	$\downarrow$	↓ (< 70%)	个个	NI to ↓

#### Text should read:

Table 6-2: Typical PFTs						
	VC	TLC	FEV <sub>1</sub>	FEV <sub>1</sub> /FVC	RV	DLCO
Restrictive	1	1 (~ 90%)	↓ or	NI	ı	1
Intrathoracic	<b>V</b>	↓ (< 80%)	normal	INI	<b>↓</b>	
Restrictive	1	1 (~ 90%)	↓ or	NI	ı	NI
Extrathoracic	<b>↓</b>	↓ (< 80%)	normal	INI	↓	INI
Obstructive	<b>\</b>	NI to ↑	$\downarrow$	↓ (< 70%)	个个	NI to ↓

# Page 6-8, Respiratory Physiology > Short Review

Text currently reads:	Text should read:
Other terms:	Other terms:
• P <sub>a</sub> O <sub>2</sub> = partial pressure of oxygen in the arterial	• P <sub>a</sub> O <sub>2</sub> = partial pressure of oxygen in the arterial
blood; commonly called the pO <sub>2</sub>	blood; commonly called the pO <sub>2</sub>
• P <sub>a</sub> CO <sub>2</sub> = partial pressure of carbon dioxide in	P <sub>a</sub> CO <sub>2</sub> = partial pressure of carbon dioxide in
the arterial blood; commonly called the pCO <sub>2</sub>	the arterial blood; commonly called the pCO₂
<ul> <li>S<sub>a</sub>O<sub>2</sub> = oxygen saturation of hemoglobin in</li> </ul>	<ul> <li>S<sub>a</sub>O<sub>2</sub> = oxygen saturation of hemoglobin in</li> </ul>
the arterial blood	the arterial blood
<ul> <li>S<sub>ū</sub>O₂ = oxygen saturation of mixed venous</li> </ul>	<ul> <li>S<sub>v</sub>O<sub>2</sub> = oxygen saturation of mixed venous</li> </ul>
blood. Mixed venous blood is in the pulmonary	blood. Mixed venous blood is in the pulmonary
artery.	artery.
• S <sub>cv</sub> O <sub>2</sub> = oxygen saturation of central venous	• S <sub>cv</sub> O <sub>2</sub> = oxygen saturation of central venous
blood. Central venous blood is obtained from	blood. Central venous blood is obtained from
the superior vena cava.	the superior vena cava.

# Page 6-8, Respiratory Physiology > Hypoxemia

Text currently reads:	Text should read:
5) High altitude (low F <sub>i</sub> O <sub>2</sub> ) results in a reduced	5) High altitude decreases atmospheric pressure
P <sub>A</sub> O <sub>2</sub> . The A-a gradient is normal unless lung	and results in a reduced PAO2. The A-a gradient is
disease is present.	normal unless lung disease is present.



# Page 6-46, Pulmonary Hypertension > Treatment of PH > Exercise, Anticoagulants, Diuretics, and Oxygen

Text currently reads:	Text should read:
Give anticoagulants for Group 1 on	Give anticoagulants for Group 4 PH, according to
IV prostaglandins, according to the ACCF/AHA	the ACCF/AHA 2009 Expert Consensus Document
2009 Expert Consensus Document on Pulmonary	on Pulmonary Hypertension.
Hypertension.	

#### Page 6-69, Immunosuppressed Patients > Nontuberculous Mycobacteria > Overview

Text currently reads:	Text should read:
Nontuberculous mycobacteria (NTM) include	Nontuberculous mycobacteria (NTM) include
mycobacteria species other than M. tuberculosis	mycobacteria species other than M. tuberculosis
and M. leprae. Many NTM species have been	and <i>M. leprae</i> . Many NTM species have been
found to cause infections in humans, especially	found to cause infections in humans, especially
in <b>immunocompetent</b> patients and in patients	in immunocompromised patients and in patients
with structural lung disease.	with structural lung disease.

#### Nephrology:

# Page 7-49, Disorders of Water Balance > Hyponatremia > Isotonic and Hypertonic Hyponatremia

Text currently reads:	Text should read:
Suspect hypertonic hypernatremia (and measure	Suspect hyponatremia (and measure the plasma
the plasma osmolality) in the following situations:	osmolality) in the following situations:

# Page 7-57, Potassium Disorders > Hyperaldosteronism > Bartter and Gitelman Syndromes

Text currently reads:	Text should read:
Characteristics of Bartter's and Gitelman's are	Characteristics of Bartter's and Gitelman's are
summarized in Table 7-12. The easiest way to	summarized in Table 7-12. The easiest way to
distinguish Bartter's from Gitelman's: patients	distinguish Bartter's from Gitelman's: patients
with Bartter's have hypercalciuria,	with Bartter's have hypercalciuria,
and patients with have hypocalciuria.	and patients with Gitelman's have hypocalciuria.

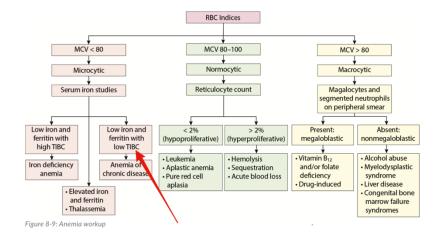
# Page 7-65, Hypertension > Secondary Hypertension > Primary Aldosteronism

Text currently reads:	Text should read:
Screen with a plasma aldosterone concentration	Screen with a plasma aldosterone concentration
(PAC) and plasma renin activity (PRA) to calculate	(PAC) and plasma renPACin activity (PRA) to
the aldosterone:renin ratio (ARR). A ratio > 30	calculate the aldosterone:renin ratio (ARR). A
is considered positive, where the PAC is	ratio > 20 is considered positive, where the PAC is
measured in ng/dL and the PRA is measured	measured in ng/dL and the PRA is measured
in ng/mL/hour).	in ng/mL/hour).



#### Hematology:

#### Page 8-5, Anemia > Working Up Anemia > The Anemia Workup > Figure 8-9



Text currently reads:	Text should read:
Low iron and ferritin with low TIBC	Low iron and high-normal ferritin with low TIBC

Page 8-32, Hemostasis > Transfusion Medicine > Platelet Transfusions

Text currently reads:	Text should read:
Platelet counts of $5,000/\mu L$ ( $50 \times 10^9/L$ ) are adequate for most interventional procedures (a higher number is often used for neurosurgical procedures).	Platelet counts of $50,000/\mu L$ ( $50 \times 10^9/L$ ) are adequate for most interventional procedures (a higher number is often used for neurosurgical procedures).

#### Oncology:

# Page 9-28, Cancer Therapies > Use of Growth Factors

Text currently reads:	Text should read:
Erythropoietin is indicated for the treatment	Erythropoietin is indicated for the treatment
of the following:	of the following:
Chemotherapy-induced anemia	Chemotherapy-induced anemia
with Hb < 10 g/dL.	with Hb < 10 g/dL.
Remember that there is a risk of thrombosis,	Remember that there is a risk of thrombosis,
especially if hemoglobin is > 12 g/dL.	especially if hemoglobin is > 12 g/dL.
Anemia of chronic kidney disease	Anemia of chronic kidney disease
with Hb < 10 g/dL.	with Hb < 10 g/dL.
Anemia in HIV patients taking zidovudine (AZT)	Anemia in HIV patients taking zidovudine (ZDV)



#### **Rheumatology:**

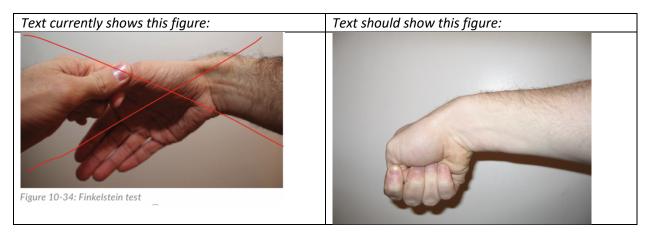
# Page 10-21, Systemic Lupus Erythematosus > Drug-Induced Lupus

Text currently reads:	Text should read:
Drugs with the highest risk for drug-induced	Drugs with the highest risk for drug-induced
lupus (DIL) are procainamide, hydralazine, and	lupus (DIL) are procainamide, hydralazine, and
penicillamine. Other drugs that have been linked	penicillamine. Other drugs that have been linked
with DIL are chlorpromazine, propylthiouracil,	with DIL are chlorpromazine, propylthiouracil,
hydralazine, isoniazid, phenytoin, TNF inhibitors,	isoniazid, phenytoin, TNF inhibitors, minocycline,
minocycline, selective serotonin reuptake	selective serotonin reuptake inhibitors, proton
inhibitors, proton pump inhibitors, and thiazide	pump inhibitors, and thiazide diuretics.
diuretics.	

# Page 10-38, Less Common Arthropathies > Adult-Onset Still Disease

Text currently reads:	Text should read:
AOSD presents with a distinctive evanescent	AOSD presents with a distinctive evanescent
( <b>6fleeting or vanishing</b> ), macular, salmon-pink	(fleeting or vanishing), macular, salmon-pink
rash that coincides with a daily (quotidian)	rash that coincides with a daily (quotidian)
high-spiking fever and significant leukocytosis	high-spiking fever and significant leukocytosis
(Yamaguchi criteria).	(Yamaguchi criteria).

# Page 10-62, Office Orthopedics > Monoarticular Joint Disorders > Wrist > De Quervain Tenosynovitis



# Page 10-62, Office Orthopedics > Monoarticular Joint Disorders > Wrist > De Quervain Tenosynovitis

Text currently reads:	Text should read:
Although there are several bedside tests used	Although there are several bedside tests used
for diagnosis, the hallmark test is known as	for diagnosis, the hallmark test has come to be
the Finkelstein test (forced ulnar motion of the	called the Finkelstein test (forced ulnar motion
wrist with the thumb adducted and clasped by	of the wrist with the thumb adducted and
the patient's other fingers), which reproduces	clasped by the patient's other fingers), which
the pain.	reproduces the pain.



#### Women's and Men's Health:

# Page 11-5, Women's Health > Obstetrics > Gastroenterology Disorders in Pregnancy > GERD

Text currently reads:	Text should read:
Ranitidine, famotidine, and lansoprazole are	Famotidine and lansoprazole are used for
used for refractory GE reflux symptoms.	refractory GE reflux symptoms.
	Note: On April 1, 2020, the FDA requested to pull all
	prescription and over-the-counter ranitidine drugs from the
	market immediately.

#### Page 11-6, Obstetrics > Cardiology Disorders in Pregnancy > Cardiac Issues

Text currently reads:	Text should read:
Hypertensive cardiomyopathy (HCM) among	Hypertrophic cardiomyopathy (HCM) among
asymptomatic women is not a contraindication	asymptomatic women is not a contraindication
for pregnancy.	for pregnancy.

# Page 11-10, Obstetrics > Endocrinology Disorders in Pregnancy > Thyroid Disease > Hyperthyroidism

Text currently reads:	Text should read:
This is normal physiology of pregnancy in which	This is normal physiology of pregnancy in which
human chorionic gonadotropin (hCG) stimulates	human chorionic gonadotropin (hCG) stimulates
thyroid stimulating hormone () receptors,	thyroid-stimulating hormone (TSH) receptors,
resulting in a mild elevation in T <sub>3</sub> /T <sub>4</sub> and	resulting in a mild elevation in T <sub>3</sub> /T <sub>4</sub> and
suppression of TSH.	suppression of TSH.

### Page 11-24, Erectile Disfunction > Treatment Options

Text currently reads:	Text should read:
Relative contraindications are heart failure,	Relative contraindications are heart failure,
hypotension, unstable angina, hypertensive	hypotension, unstable angina, hypertrophic
cardiomyopathy (HCM), and severe aortic	cardiomyopathy (HCM), and severe aortic
stenosis.	stenosis.

# Neurology: Page 12-8, Seizures > Seizure Management > Chronic Treatment of Seizures > Table 12-2 "Notable Advantages and Disadvantages of Antiepileptic Drugs"

Text curre	ntly reads:		Text shou	ld read:	
Lamotrigine	Focal (adjunctive use) Generalized	Good: wide spectrum, good efficacy, well tolerated in elderly patients Bad: can cause severe rash and SJS with rapid titration; reduces efficacy of OCPs	Lamotrigine	Focal (adjunctive use) Generalized	Good: wide spectrum, good efficacy, well tolerated in elderly patients Bad: can cause severe rash and SJS with rapid titration; OCPs decrease serum concentration of lamotrigine



# **Cardiology:**

# Page 13-1, Physical Exam > Pulses

Text currently reads:	Text should read:
While deflating the cuff very slowly, note the	While deflating the cuff very slowly, note the
systolic blood pressure where the 1st Korotkoff	systolic blood pressure where the 1st Korotkoff
sound is heard only during inspiration.	sound is heard only during expiration.

# Page 13-11, Cardiac Medications

Text currently reads:	Text should read:
<ul> <li>A negative inotrope is a medication that</li> </ul>	A negative inotrope is a medication that
decreases cardiac contractility.	decreases cardiac contractility.
<ul> <li>A negative chromotrope is a medication that</li> </ul>	A negative chronotrope is a medication that
slows heart rate.	slows heart rate.

Page 13-65, Pericardial Diseases > Constrictive Pericarditis, Table 13-13

Text currently reads:

Table 13-13: Distinguishing Tamponade and Constrictive Pericarditis		
Findings	Tamponade	Constrictive Pericarditis
Duration of symptoms	Hours to days	Months to years
Chest pain, friction rub	Often present	Absent
Pulsus paradoxus	Present	Usually absent
Kussmaul sign	Absent	Usually absent
Diastolic knock	Absent	Often present
Pericardial calcification	Absent	Often present
Thickened pericardium	Absent	Present
on CT/MRI		
Pericardial effusion	Present	Absent
Jugular venous waveforms	Prominent x descent	Prominent x and y descents
Diastolic pressures	Equal	Equal
Echo findings	Pericardial effusion, collapse of	Marked respiratory variation in
	RV/RA	transmitral flow
Systemic disease	Cancer, uremia, recent	TB, previous XRT, remote
	cardiothoracic surgery, chest	cardiothoracic surgery
	trauma	



# Text should read:

Table 13-13: Distinguishing Tamponade and Constrictive Pericarditis		
Findings	Tamponade	Constrictive Pericarditis
Duration of symptoms	Hours to days	Months to years
Chest pain, friction rub	Absent	Often present
Pulsus paradoxus	Present	Usually absent
Kussmaul sign	Absent	Usually absent
Diastolic knock	Absent	Often present
Pericardial calcification	Absent	Often present
Thickened pericardium	Absent	Present
on CT/MRI		
Pericardial effusion	Present	Absent
Jugular venous waveforms	Prominent x descent	Prominent x and y descents
Diastolic pressures	Equal	Equal
Echo findings	Pericardial effusion, collapse of	Marked respiratory variation in
	RV/RA	transmitral flow
Systemic disease	Cancer, uremia, recent	TB, previous XRT, remote
	cardiothoracic surgery, chest	cardiothoracic surgery
	trauma	

# Page 13-90, The Electrocardiogram > Analysis Summary > Findings from ECG Case Studies

Text currently reads:	Text should read:
Case 2: Note the sinus rhythm with Mobitz	Case 2: Note the sinus rhythm with Mobitz
Type 2 second-degree 2:1 AV block. This initially	Type 1 second-degree 2:1 AV block. This initially
looks like Mobitz 2, but there is a subtle increase	looks like Mobitz 2, but there is a subtle increase
in the PR interval, and this also has a narrow QRS	in the PR interval, and this also has a narrow QRS
complex (Mobitz 2 usually has a wide complex).	complex (Mobitz 2 usually has a wide complex).

# **Gastroenterology:**

# Page 14-11, Stomach > Dyspepsia

Text currently reads:	Text should read:
Dyspepsia is most often functional or caused by	Dyspepsia is most often functional or caused by
medications (e.g., iron, ASA, NSAIDs), but if	medications (e.g., iron, ASA, NSAIDs), but if onset
onset is recent, there is no potentially causative	is recent, there is no potentially causative
medication, and the patient is > 40-50 years	medication, and the patient is ≥ 60 years of age,
of age, consider an organic cause; i.e., consider	consider an organic cause; i.e., consider an EGD.
an EGD.	



# Page 14-57, Liver > Hepatitis B > Treatment of Chronic Active Hepatitis B

Text currently reads:	Text should read:
<ul> <li>Treatment is delayed 3–6 months</li> </ul>	<ul> <li>Delay treatment for 3-6 months in newly</li> </ul>
for newly diagnosed HBeAg-positive	diagnosed HBeAg-positive patients with
patients to see if seroconversion	compensated liver disease to see if
takes place.	seroconversion takes place

#### **General Internal Medicine:**

# Page 15-6, Biostatistics > Diagnostic Testing and Screening > Sensitivity and Specificity

Text currently reads:	Text should read:
A test with 50% sensitivity and 100% specificity	A test with 50% sensitivity and 100% specificity
means that the test will only identify half of	means that the test will only identify half of
the patients with the disease—but you can be	the patients with the disease—but you can be
100% confident that a negative result means	100% confident that a positive result means
the patient truly does not have the disease	the patient truly has the disease (i.e., no results
(i.e., no results are falsely positive).	are falsely positive).

# Page 15-46, Overdose and Poisoning > Overdose Management > Overdose — Other Prescription Drugs > Theophylline

Text currently reads:	Text should read:
If vomiting is too severe to allow for charcoal,	If vomiting is too severe to allow for charcoal,
give ondansetron +/- ranitidine.	give ondansetron +/- famotidine.
	Note: On April 1, 2020, the FDA requested to pull all
	prescription and over-the-counter ranitidine drugs from the
	market immediately.

# **Psychiatry:**

### Page 16-35, Complications of Drug Therapy > Neuroleptic Malignant Syndrome > Management

Text currently reads:	Text should read:
Use of bromocriptine (muscle relaxant) and	Use of bromocriptine (dopamine agonist) and
dantrolene (dopamine agonist) have been	dantrolene (muscle relaxant) have been
controversial, but they can be used if clinically	controversial, but they can be used if clinically
indicated.	indicated.